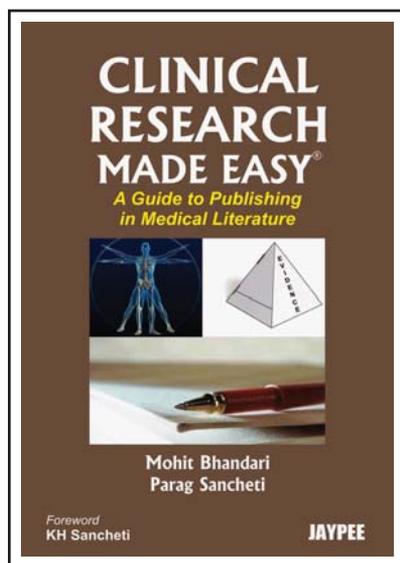


Book Review



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Clinical Research Made Easy: A Guide to Publishing in Medical Literature

The success of a book depends a lot upon the number of its target readers. It may not gain its deserved status among orthopedic surgeons in India at present; however, as the evidence-based medicine is becoming standard worldwide and orthopedic surgeons are slowly recognizing its importance, this handy book is going to be a true companion and quick reference for them. This book is useful for all orthopedic surgeons of all professional statures. It can be compared to a cookery book, providing the trainee or fully fledged surgeon with a valuable source of clinical research regarding information.

In the era, when there are a lot of books with thick volumes on research methodology for dedicated researchers, this compact book has come like a boon for busy orthopedic professionals to understand, plan, execute and review all types of clinical research.

This book has been divided into four sections and 28 chapters, which have been planned very thoughtfully and covers all practical and to a great extent, all theoretical aspects related to clinical research. All the 32 contributors have done justice to their topics and have used a smooth text with good examples. The authors have also put very

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well effort in giving the definition of all important terms at the end of chapters, again making it a very quick reference.

All the important types of studies and trials have been grouped and presented in order of the level of evidence. Salient points as well as pitfalls have been described while conducting various types of trials and studies. The book also covers important statistical concepts including standard deviation, confidence interval, sample size calculation, forest plot, etc. The authors have really worked to make these difficult topic really simple to understand for an average orthopedic surgeon.

There is a strong emphasis on principles as well as practice of clinical research, making readers to understand the basics as well as advanced concepts of the topics. As per name, authors have tried hard to make this complicated and boring (as understood by most surgeons) subject easy and interesting and I would like to congratulate them for their success. This book also has a dedicated section on dissemination of clinical research ranging from preparation of abstracts, making a good research presentation and even writing a good scientific paper, which is always a thing of dilemma, especially for young orthopedic trainees. There is no doubt that reading this book will stimulate more and

more of us to think further and restructure as well as to conduct more and more research, which is actually the need of the hour.

This book can be taken as a transparent primer for the examinee and an easy reader, which may prove to be even more attractive to those whose professional interest remains lively and productive. I predict success for this book, which

should be on the shelf of every seriously research-oriented surgeon.

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